

Coaching to Wholeness®

Intake Form

Important Notice: The information on this form is completely confidential and will only be used as a guide to your coaching process. Before filling it out, please contact us by phone at 888-558-1872.

Today's Date _____

Full Name: Mrs., Ms, Mr. _____

Birthdate: ___/___/___ Birthtime (if known): ___:___ Birthplace: _____

Address: _____

Home Phone: (____) _____ Other Phone: (____) _____

Occupation(s): _____ Total hours per week: _____

Other Activities:

Single ___ Married ___ Separated ___ Divorced ___ Widowed ___ Partner ___

Living situation: Alone ___ Spouse ___ Lover ___ Parents ___ Friends ___

Personality type? Keirsey Temperament or Myers-Briggs: _____

Enneagram: _____

(If you do not know one or the other or either of these, we strongly recommend both. There are links to these sites on the Coaching to Wholeness™ page of our website at www.estanent.com.)

Overall level of satisfaction with life style (1 = lowest, 10 = highest): _____

Area(s) of life that bring greatest satisfaction: _____

Area(s) of life that bring the least satisfaction: _____

Answer the following briefly:

What is your religious and/or spiritual focus?

How would you describe what gives you your sense of purpose in life?

What is the goal you would like to attain through these sessions?

How does that relate to your overall sense of purpose in your life?

Background Information (on separate pages if necessary)

Describe those life experiences that have most deeply affected you, either positively or negatively.

Write a brief autobiography through to the present. This should only be an outline of the most important events.

Referral Information:

How did you hear about us? _____

If you have had coaching before, what was the nature of the coaching and how would you describe the result? Who provided the coaching?

Please sign and date this Intake Form. Do not forget to sign and date the disclaimer as well. We must receive that before we can begin.

Signed _____

Print Name _____

Date _____